

Here's this week's news email for the Parish of Medstead and Four Marks.

Church Events and Notices

Sunday - 8th February 2026

8am at St Andrew's - Communion Service

9.30am at COGS - All Age Service with sung worship, kids church & creche

3.45pm at COGS - Messy Church

February 'Boon Day' at St Andrew's - Tomorrow

Meet at the church at 10am tomorrow for tasks, including the pruning of the laurel in the church hall car park.

Please note, the Boon Day may be called off if the weather is too inclement.



Messy Church
Sunday
8th February
3:45-5:45pm

love
How does this grow?

Scan the code or visit:
<https://pmafmc.churchsuite.com/events/uubzxivw>
to book your space

Messy Church this Sunday!

click on the image to book in



An evening of prayer is taking place at the church hall at COGS, Four Marks on **Tuesday 10th February** at 7.30pm. All are very welcome to attend.

Pancake party
3-5pm
Tuesday 17th
February

Join us as a family to
 prepare, cook, flip and eat
 pancakes together



Scan the code to
 book your space.
 Bookings close 10th
 February



Kids Church Family

Pancake Party - 17th February
 click on the image to book in

CHURCHES OF MEDSTEAD AND FOUR MARKS

What's on for Families in February

 <p>Baby group Monday mornings, 2nd, 9th, 16th, 23rd Feb 10:30-12 At The Good Shepherd</p>	 <p>Monthly all age Messy Church Sunday 8th February 3.45-5.45 pm At The Good Shepherd</p>
 <p>Monthly Stay and play Toddler Group Tuesday 10th February 9-11 am At The Good Shepherd</p>	 <p>Monthly all age Family Church Sunday 22nd February 4-5 pm At St. Andrews Church hall</p>

CHURCHES OF MEDSTEAD AND FOUR MARKS

What's on for youth and children

  <p>Parents consent needed. Please scan the QR Code to complete the form.</p>	<p>Monday youth Club(weekly) 4:15 to 6:00 pm. For Young people in year 6 onwards. Toast and Drinks provided at the beginning of the session.</p> <p>At The Church of The Good Shepherd in Four Marks</p>
  <p>Please scan the QR code for more information.</p>	<p>Kids Church every Sunday morning. During the 9.30am Church Service Aimed for children aged 3-11</p> <p>At The Church of The Good Shepherd in Four Marks</p>



Contact Jane at
families@pmafm.co.uk
 07711407831



Contact Virginia at youthandchildren@pmafm.co.uk
 for more information

The Purposes of God

Discovering more of God and His purposes
 Lent Course 2026

7.30pm, Tuesdays
 @St Andrew's Church hall



Lent Course 2026 - The Purposes of God
Discovering more of God and His purposes

7.30pm, Tuesdays in St Andrew's Church hall

Sessions will include presentations, group discussion and open question times

24th February - How to know God: The source of our understanding - the Bible as the revelation of the character and nature of God

3rd March - The nature of God: Seeking an understanding of God through his self-revelation in the Bible and supremely in Jesus

10th March - The purposes of God for the world: Plotting the story of salvation and mission through His-story.

17th March - The purposes of God for us: Seeing and taking our place in God's work.

No need to book, just show up.

Lent Lunch - Friday 20th February 12:30pm



The poster features the title 'Lent Lunch' in large green letters with a leafy branch graphic to the right. Below the title, the date and time 'Friday 20 February 12:30' and the location 'St Andrews Church Hall, Medstead GU34 5LU' are listed. A paragraph describes a talk by Dr Hugh Bethell on cardiac health and fitness. Another paragraph mentions home-made soups, bread, and cheese. A circular image shows a bowl of soup. At the bottom, there is a '50 YEARS' logo, the 'Cardiac Health Fitness for Life' logo, the website 'www.cardiachealth.org.uk', and the charity name 'The Basingstoke & Alton Cardiac Rehabilitation Charity Ltd.' with its registered charity number.

Lent Lunch

Friday 20 February 12:30
St Andrews Church Hall, Medstead GU34 5LU

During lunch Dr Hugh Bethell will give a talk about Cardiac Health and the ways exercise can aid recovery whilst improving your overall fitness.

Enjoy a selection of home made soups, fresh bread and cheese.

Donations welcome to support Cardiac Health.

50 YEARS

Cardiac Health
Fitness for Life

www.cardiachealth.org.uk

Registered charity No. 1013230 The Basingstoke & Alton Cardiac Rehabilitation Charity Ltd.



St Andrew's Church Medstead

Charity Lenten Lunch

St Andrew's Church Medstead Charity Lent Lunch

Please join us for delicious home-made soups, bread and cheese

St Andrew's Church Hall Medstead from 12.30

Friday 20th February - Cardiac Health

Thursday 26th February - St Michael 's Hospice

Saturday 7th March - MIND

Friday 20th March - Hampshire & IoW Air Ambulance

Entry is free. donations welcomed and all proceeds will be shared equally between the 4 charities involved.

Child Sponsorship

If you responded to the appeal on Compassion Sunday or sponsor a child through any other charity, please may we have a photo for our revised sponsorship notice board?



We can scan the photos and return them to you. Please ensure your name, the child's name, and their home country are on the reverse, and give them to Matt or Chris McGrath, thank you

Re-Ordering of St Andrew's

St Andrew's LCG (Local Church Group) are moving forward with various options that will provide a much improved and up to date environment for our regular services, for the school, and for weddings, baptisms and funerals.

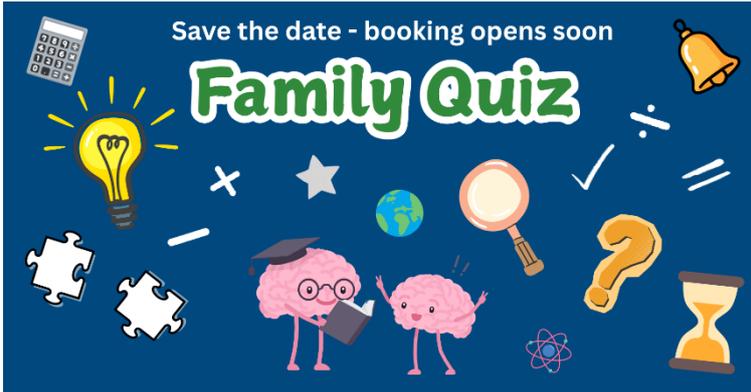
For more information, please visit:

<https://parishofmedsteadandfourmarks.co.uk/joining-with-medstead/st-andrews/reordering-of-st-andrews-church/>

Do speak to the LCG members (John Lofthouse, Ann Lofthouse, Ian Jurd, Sharon Blackshaw, Ian Trotter, Jeremy Griggs, and Howard Wright) if you have any comments.

Save the date - booking opens soon

Family Quiz



 **Saturday March 21st 4- 6pm**
Church of the Good Shepherd
Supper included

Family Quiz
Saturday 21st March, 4-6pm
Supper included.
Save the date - bookings open soon.



Our new teaching series at COGS is Revelation Part 2: The King & The Wedding Day.
Catch up on previous sermons on our website or YouTube channel.
Click the image to view the series card. (Paper copies available at COGS)

Other events and notices

ACTS

A small group, which we have named ACTS (All Coming Together Socially) are endeavouring to arrange various social events during this coming year, some will be at the church and others using various venues. The aim is to encourage getting to know each other better, creating a greater sense of family.

We want to use the events, as an opportunity for inviting friends and neighbours to join with us and enjoy some fun together. These events will be for both Christians and 'not

yet Christian', thus building bridges that Jesus can walk over. We are primarily looking at the age group, 20-70 years, though not exclusively.

The first event being organised is a Skittles evening on Friday 27th February.



ACTS
All
Coming
Together
Socially

YOU are invited to
Join with us
for an evening of
**SKITTLES FUN and
FOOD**

Place: The Phoenix Inn
Winchester SO21 1RF
Date: **27th** February
Time: **7.00** pm
Cost: **£20.00** per person
R.S.V.P
Neil & Lorna 07519 119471
Doug & Chris 07564 376850 **P.T.O**



HOT FOOD MENU CHOICES

- Spit Roast 1/2 Chicken & Chips
- 3 Pork Sausages & Chips
- Two Haddock & Spring Onion Fish Cakes & Chips
- Homemade **HOT** Beef Chilli, Boiled Rice & Garlic Bread
- Phoenix Style Beef Lasagne, Mixed Salad, Homemade Coleslaw
- Vegetarian Lasagne, Mixed salad & Homemade Coleslaw

MEAL CHOICE and PAYMENT on CONFIRMATION please

Patrick Busby Running the Brighton Marathon



On 12th April Patrick will be running in the Brighton marathon to raise money for the Alton Climate Action Network GUMBI Malawi Irrigation Project, especially important work given the recent severe droughts in Malawi.

If you would like to donate, please visit his JustGiving page:
[Patrick Busby is fundraising for Alton Climate Action Network](#)

Alton Foodbank

The Alton Foodbank (*Charity name Alton Christian Care Limited, Charity Number England & Wales 1151471*) is a local charity that supports some of the most vulnerable people in Alton and the surrounding villages. For the charity to run well we need a dedicated team of trustees and volunteers. Recently the following roles have (or are about to become) vacant: Charity Trustee and Treasurer (does not need to be a trustee also)

A summary role description for the trustee role can be viewed here.

[ACCTrusteeJD V1.pdf](#)

If you would like to find out more about either role, please contact Ian Dane, Chair of Trustees Alton Foodbank on imdane@alton.foodbank.org.uk or 07768 711679

C.A.P.

With the burden of debt being an ever-present concern in our community, Christians Against Poverty in partnership with Harvest Church are constantly seeking to reach out to those within the local area in most need of our debt help service.

If you or someone you know is seeking help with debt, please contact CAP on 0800 328 0006



- 1 Free help, for you**
Start your debt-free journey at capuk.org or via 0800 328 0006. Because one size doesn't fit all, we will always analyse your specific situation to identify the best, most effective route to freedom for your circumstances. And our locally-based teams, ensure someone is always there for you in-person. You can also contact moneyhelper.org.uk
- 2 Making the call**
When you call our friendly New Enquiries team, their goal is to always ensure our service fits your needs and that you feel welcomed. If we have a debt centre in your area, they will then book an appointment with one of our local Debt Coaches to get you started.
- 3 Friendly home visits**
With CAP you are not alone: over three visits, your Debt Coach and a supportive befriender will come to you to listen, gather paperwork, and explain the best solution recommended by our experts.
- 4 Your expert plan**
Our advisors build a realistic budget that prioritises essentials like food and housing. We then handle negotiations with creditors to freeze interest and set up affordable repayments or other debt options.
- 5 A fresh start**
Choose your route and let us handle the heavy lifting. Your budget and plan will focus on clearing your debts and helping you build the habits needed to manage your money long-term so you can build up your financial stability.

Christians Against Poverty is here to support you throughout your journey!

International Needs UK

New Job Opportunity with International Needs

Join our team as Programme Support Manager!

International Needs UK is looking for a **Programme Support Manager**

As part of our team, you'll use your **skills** to support International Needs partners to develop and shape high-quality, community-focused programmes, which are aligned with Gospel values. You'll be involved in supporting the entire programme cycle. From design into implementation, and on into monitoring, whilst generating reporting that evidences programme impact - being able to craft compelling stories that highlight the difference programme outcomes make to support both future proposals and fundraising.



Application deadline: 30th January 2026

APPLY HERE

This is a fantastic opportunity for someone who shares our **Christian values** and wants to be part of an organisation that transforms lives.

Please apply via:

www.charityjob.co.uk

The **QR code** will take you straight to the full details on their site and explain how to apply

International Needs
Empowering families

01883 331332 | inuk@ineeds.org.uk

ineeds.org.uk
Charity Number: 1175526
International Needs UK
50 Biddulph Road
South Croydon
CR2 6QB

<https://www.charityjob.co.uk/jobs/international-needs-uk/programme-support-manager/1050959?tsld=36>

Pilgrim accommodation

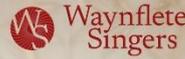
A pilgrimage from Winchester to Canterbury, with members from St Peter and St Paul's Church, Wantage, will be stopping in Four Marks on 10th March.

The group, which is likely to be 2 or 3 gentlemen, are wondering if anyone might be able to put them up for the evening.

If anyone thinks they can help, please let Matt know, and he can put you in contact with the group leader, the curate of the parish.

Bookstall

Bible Reading notes and other items are available for sale from the Church Bookstall



Elgar: **The Dream of Gerontius**

Winchester Cathedral
Friday March 27th 2026
at 7.30 pm

Waynflete Singers
Winchester Cathedral Chamber Choir
English Chamber Orchestra

Mezzo-soprano: Dame Sarah Connolly
Tenor: Andrew Kennedy
Bass: Andrew Foster-Williams

Conductor: Andrew Lumsden

Tickets: £15.00 - £50.00
www.winchester-cathedral.org.uk/whats-on/
or call 01962 857275
or via www.waynfletesingers.org.uk/concerts

Registered charity no: 285107

The background of the poster features a close-up of a crown of thorns, with sharp, dark thorns set against a warm, golden-brown, textured background that resembles aged parchment or a wall of stone.

ST MATTHEW PASSION

Johann Sebastian Bach

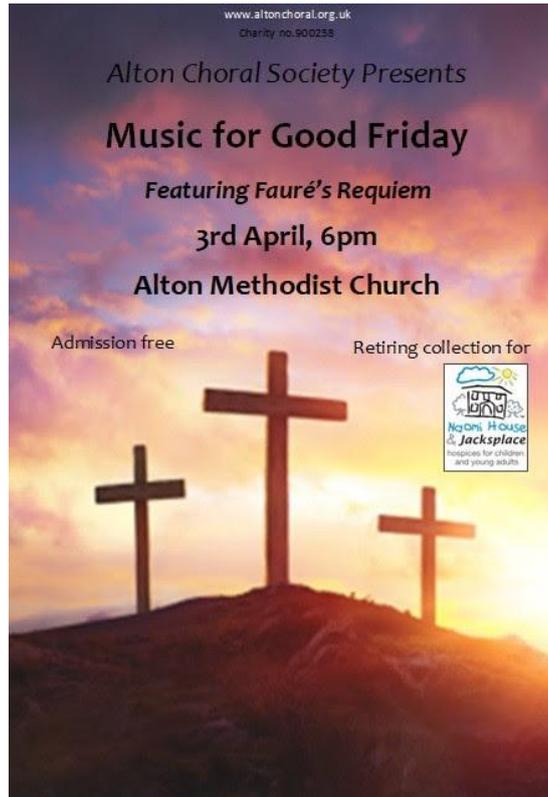
Kingsgate Voices
Southern Voices
London Baroque Sinfonia

Soloists:
Malachy Frame
Ben Hendry-Watkins
Katharine Fuge
Jessica Gillingwater
Maurice Cole
Gareth Brynmor John

Evangelist:
Sebastian Hill

Conductor:
Andrew Hayman

21 March, 2026 | Romsey Abbey | 6.30pm
Tickets: from £18 - £38 - 0333 666 3366 (booking fees apply)
southernvoices.co.uk | kingsgatevoices.co.uk



Alton Concert Band's Spring Concert - 18th April

The Spring Concert for The Alton Concert Band will once again be as guests of The Lydian Singers on Saturday 18th April at The Alton Maltings. The choir will be accompanied by Linda Tan and Jeremy Morrish will be conducting both the choir and the band. The theme this year will be 'Thank You For The Music'.

The concert starts at 7.00 pm. Tickets will be available on the door or via www.ticketsource.co.uk/alton-concert-band

Vicar: Howard Wright

Tel: 07746 066046 | Email: vicar@pmafam.co.uk

Family Worker: Jane Hughes

Tel: 07711 407831 | Email: families@pmafam.co.uk

Youth & Children's Minister: Virginia

Tel: 07724 141267 | Email: youthandchildren@pmafam.co.uk

Church Office: Matt Senior

Tel: 01420 560622 | Email: office@pmafam.co.uk