

Services this Sunday - 19th October 2025

8am at COGS - Communion Service

9.30am at COGS - All Age Service with sung worship, kids church and creche

11am at St Andrew's - Communion Service

Services next Sunday - 26th October 2025

8am at COGS - Communion Service

9.30am at COGS - All Age Service with sung worship, kids church and creche

11am at St Andrew's - Cafe Church

4pm at St Andrew's - Medstead Family Church

Evening of Prayer



Our next parish Evening of Prayer takes place at COGS on Tuesday 21st October at 7.30pm in the church hall. All are very welcome to join us.





We are supporting Amen's Romanian Shoebox Appeal this year.

There are a few shoe boxes above the letter rack at the back of the church for people struggling to find one. Donations of items need to be in the box, also at back of church, or given to Jill Williams before 'Tea & Chat' on the 15th October.

Our shoeboxes need to be brought to the church on the 2nd or 9th November. Shoe boxes will be collected sometime in the 2 weeks from 10th November.

If you are completing the gift-aid declaration, please add your name (apologies, a prompt for this was omitted from the form).



We have two Alpha Courses currently running

One is a youth alpha taking place on Tuesday afternoons.

The other course follows on from Monday's Tiny Tots and is open to our baby and toddler families to explore Alpha together

Please pray for all those participating in the courses.

We are planning another Alpha course in the new year - do be thinking and praying about who you could invite.

ABANDONED

BUT NOT BY MAF.
NOT BY **YOU**.

Just a child herself, 16-year-old Nyabuom has been forced into the role of raising her siblings in the absence of their Mother who abandoned them over a year ago.

Living in Rhino Refugee Camp in northern Uganda amid severe aid cuts, Nyabuom is fearful that her malnourished younger siblings will not survive.

'I don't know if Mother will return or not,' said Nyabuom. 'I'm trying my best, but I need our [Mother] to come back to Uganda such that she can take this burden off my shoulders.'

As one of 50,000 other displaced and forgotten children in Uganda*, Nyabuom's hopes, like the aid and food, have dried up.

Any donation, no matter the size, will make a big impact, and could enable more vital MAF flights to support abandoned children, like Nyabuom, and help bring a lifeline to those most in need.

GIVE THE GIFT OF
hope
THIS CHRISTMAS

No child should be left abandoned this Christmas. Donate today.

Visit www.maf-uk.org/nyabuom
Scan the QR code with your phone to send your gift immediately.



*Registered Home in Uganda and World IDP/Refugee status (UNHCR) 12/2017. © Registered trademark: 000000, 000000, 000000.

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If you would like to make a donation to MAF, please click the image



We are well into our autumn teaching series at COGS. Catch up on previous sermons on our website or YouTube channel.

Click the image to view the series card.

Paper copies available at COGS.

What's on at The Good Shepherd for under 5's	COGS Tinytots Weekly bumps and babies group for babies under 12 months Mondays (except bank holidays) 10.30am-12 noon in the church hall
COGS Tots for ages 0-4 Once a month on a Tuesday 9-11am 14th Oct, 4th Nov 9th Dec  Join us from 9am for breakfast snacks followed by our stay and play session till 11am	<i>The Good Shepherd</i> Four Marks Contact Jane for more information: families@pmafms.co.uk 07711407831 Family Worker Parish of Medstead and Four Marks

Service at Belford House

Our next service at Belford House will take place on **Tuesday 28th October at 10.30am.**

If anyone would like to join the team taking these services to Belford, please speak to Howard or contact Matt in the office.

Pop-Up Carols

We are hoping to join with the churches of Alton in an area-wide initiative this Christmas. If anyone is interested in organising a pop-up carol event for where you live, please contact Howard or to Matt in the office.



CAP Money Budgeting Course

A **free** one-day course to give you the knowledge, budgeting skills and confidence to better manage **your** finances.



Expert teaching and guidance through a series of videos, with activities and discussions to help you build a **budget**, keep track of what you **spend**, and **save** regularly.

What are the **key benefits** of the course?

- Learn how to structure your finances
- Learn how to use credit wisely
- Explore the difference between essential and optional expenses
- Find ways to cut costs
- Free access to a mobile-friendly budget worksheet

Please select either
Saturday 27th September 2025
or **Saturday 15th November 2025**
10 am – 4 pm at Alton Maltings
To book a place, please email
veritybonwitt@capuk.org
or phone 07501 914563



For more information about the CAP Money Course visit:

<https://capuk.org/get-help/money-coaching>

To book a place, email - veritybonwitt@capuk.org
For more info on the course click [here](#)



Join Alton Choral Society

Happiness is singing in a Choir!

ACS is a friendly choir welcoming singers of all abilities and voice types.

We perform regularly and raise much needed funds for local charities

Singing in a choir is also proven to improve health & wellbeing

We perform music from a broad range of musical genres and there is no audition. Rehearsals take place on Wednesday evenings from 7.30 in The Salvation Army Hall in The Market Square Alton

For more information please contact us:

Email: welcome@altonchoral.org.uk

Visit our website: www.altonchoral.org.uk

Call: 07715 771489



Confirmation

We are holding a confirmation service with Bishop Philip on Sunday 30th November.



Alton Choral Society

Music For An Autumn Afternoon

The concert is in aid of Alton Food Bank

Saturday 25th October, 4pm
St Lawrence Church Alton

Featuring a variety of choral music and solos from Brahms' 'Liebeslieder' to My Fair Lady

Tickets £12 available from Ticket Source* or on the door . Under 16s free.

*See: www.altonchoral.org.uk for booking link or phone: 01420 85994 for more information



Vicar: Howard Wright

Tel: 07746 066046 | Email: vicar@pmafm.co.uk

Family Worker: Jane Hughes

Tel: 07711 407831 | Email: families@pmafm.co.uk

Youth & Children's Minister: Virginia

Tel: 07724 141267 | Email: youthandchildren@pmafm.co.uk

Church Office: Matt Senior

Tel: 01420 560622 | Email: office@pmafm.co.uk